

Sunday 7th February 2021 2nd Sunday before Lent

United Benefice of Frittenden with Sissinghurst

Jesus' words have power to transform: Pete Deaves

Accessible online or phone 01580 234185 (local rate) which plays the most recent service whatever time you call

*Almighty God, give us reverence for all creation and respect for every person,
that we may mirror your likeness in Jesus Christ our Lord. Amen.*

A very warm Welcome

We praise God as we sing

**1. All creatures of our God and King,
Lift up your voice and with us sing,
Alleluia, Alleluia!**

**Thou burning sun with golden beam,
Thou silver moon with softer gleam:
O praise Him, O praise Him,
Alleluia, Alleluia, Alleluia!**

**2. Thou rushing wind that art so strong,
Ye clouds that sail in Heaven along,
O praise Him, Alleluia!
Thou rising moon in praise rejoice,
Ye lights of evening find a voice:
O praise Him, O praise Him,
Alleluia, Alleluia, Alleluia!**

**3. Dear mother earth, who day by day
unfoldest blessings on our way,
O praise him, Alleluia!
The flowers and fruits that in thee grow,
let them his glory also show:
O praise him, O praise him,
Alleluia, alleluia, alleluia!**

**4. Let all things their Creator bless,
And worship Him in humbleness,
O praise Him, Alleluia!
Praise, praise the Father, praise the Son,
And praise the Spirit, three in one:
O praise Him, O praise Him,
Alleluia, Alleluia, Alleluia!**

[Music: 20 Favourite Hymns: Choir of St Mary's Cathedral, Edinburgh]

We remind each other of God's praiseworthy
deeds using words from Psalm 104

¹ Praise the LORD, my soul.
LORD my God, you are very great;
you are clothed with splendour and majesty.

² **The LORD wraps himself in light
as with a garment;
he stretches out the heavens like a tent**

²⁷ All creatures look to you
to give them their food at the proper time.

²⁸ **When you give it to them,
they gather it up;
when you open your hand,
they are satisfied with good things.**

²⁹ When you hide your face,
they are terrified;

when you take away their breath,
they die and return to the dust.

³⁰ **When you send your Spirit, they are created,
and you renew the face of the ground.**

³¹ May the glory of the LORD endure for ever;
may the LORD rejoice in his works –

³² **he who looks at the earth, and it trembles,
who touches the mountains,
and they smoke.**

³³ I will sing to the LORD all my life;
I will sing praise to my God as long as I live.

³⁴ **May my meditation be pleasing to him,
as I rejoice in the LORD.**

³⁵ But may sinners vanish from the earth
and the wicked be no more.

Praise the LORD, my soul. Praise the LORD.



We confess our sins to our gracious God
who is full of forgiveness

**Father eternal, giver of light and grace,
we have sinned against you
and against our neighbour,
in what we have thought,
in what we have said and done,
through ignorance, through weakness,
through our own deliberate fault.**

**We have wounded your love,
and marred your image in us.**

**We are sorry and ashamed,
and repent of all our sins.**

**For the sake of your Son Jesus Christ,
who died for us,
forgive us all that is past;
and lead us out from darkness
to walk as children of light. Amen.**

We praise God as we sing

1. **There is a green hill far away,
Without a city wall,
Where the dear Lord was crucified,
Who died to save us all.**
2. **We may not know, we cannot tell,
What pains He had to bear;
But we believe it was for us
He hung and suffered there.**
3. **He died that we might be forgiven,
He died to make us good,
That we might go at last to heaven,
Saved by His precious blood.**
4. **There was no other good enough
To pay the price of sin,
He only could unlock the gate
Of heaven and let us in.**
5. **O dearly, dearly has he loved!
And we must love him too,
And trust in his redeeming blood
And try his works to do.**

[Music – The English Hymn, Vol 4. Wells Cathedral Choir]

We turn to God who hears and answers prayer

Izzy Mehrabian

**Our Father in heaven,
hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours now and for ever.
Amen**

6PM PRAYER - The Archbishops invite us all to call on God in prayer 6pm each day of February. See: ChurchofEngland.org/PrayerForTheNation.
MOVING MOUNTAINS PRAYER BREAKFAST – TOMORROW Mon 8th Feb 9-9:30am *via zoom or dial in*. All welcome - this month we'll hear input from Sophie Beech on Care for Creation,

We listen to God's Word: Proverbs 8:1, 22-36
Keara McKie

- 1 Does not wisdom call out?
Does not understanding raise her voice?
- 22 'The LORD brought me forth as the first of his works, before his deeds of old;
- 23 I was formed long ages ago,
at the very beginning,
when the world came to be.



- 24 When there were no watery depths,
I was given birth, when there were no springs
overflowing with water;
- 25 before the mountains were settled in place,
before the hills, I was given birth,
- 26 before he made the world or its fields
or any of the dust of the earth.
- 27 I was there when he set the heavens in place,
when he marked out the horizon
on the face of the deep,
- 28 when he established the clouds above
and fixed securely the fountains of the deep,
- 29 when he gave the sea its boundary
so that the waters would not overstep his
command, and when he marked out the
foundations of the earth.
- 30 Then I was constantly at his side.
I was filled with delight day after day,
rejoicing always in his presence,
- 31 rejoicing in his whole world
and delighting in the human race.
- 32 'Now then, my children, listen to me;
blessed are those who keep my ways.
- 33 Listen to my instruction and be wise;
do not disregard it.
- 34 Blessed are those who listen to me,
watching daily at my doors,
waiting at my doorway.
- 35 For those who find me find life
and receive favour from the LORD.
- 36 But those who fail to find me harm
themselves; all who hate me love death.'

This is the Word of the Lord
Thanks be to God

We praise God as we sing

**1. I hear the saviour say
Thy strength indeed is small
Child of weakness watch and pray
Find in me thine all in all**

***Jesus paid it all, all to him I owe
Sin had left a crimson stain
He washed it white as snow***

**2. Lord, now indeed I find
Thy power and thine alone
Came and changed the lepers spots
And melt the heart of stone**

Jesus paid it all...

**3. And when before the throne
I stand in him complete
Jesus died my soul to save
My lips shall still repeat**

Jesus paid it all...

[Music – Album Because, Aaron Keyes]

We listen to God's Word Mark 5: 1-20
Anthony Edwards

¹ So they went across the lake to the region of the Gerasenes. ² When Jesus stepped out of the boat, a man with an impure spirit came from the tombs to meet him. ³ This man lived in the tombs, and no one could bind him anymore, not even with a chain. ⁴ For he had often been chained hand and foot, but he tore the chains apart and broke the irons on his feet. No one was strong enough to subdue him.

⁵ Night and day among the tombs and in the hills he would cry out and cut himself with stones.



⁶ When he saw Jesus from a distance, he ran and fell on his knees in front of him. ⁷ He shouted at the top of his voice, 'What do you want with me, Jesus, Son of the Most High God? In God's name don't torture me!' ⁸ For Jesus had said to him, 'Come out of this man, you impure spirit!'

⁹ Then Jesus asked him, 'What is your name?' 'My name is Legion,' he replied, 'for we are many.' ¹⁰ And he begged Jesus again and again not to send them out of the area.

¹¹ A large herd of pigs was feeding on the nearby hillside. ¹² The demons begged Jesus, 'Send us among the pigs; allow us to go into them.' ¹³ He gave them permission, and the impure spirits came out and went into the pigs. The herd, about two thousand in number, rushed down the steep bank into the lake and were drowned.

¹⁴ Those tending the pigs ran off and reported this in the town and countryside, and the people went out to see what had happened. ¹⁵ When they came to Jesus, they saw the man who had been possessed by the legion of demons, sitting there, dressed and in his right mind; and they were afraid. ¹⁶ Those who had seen it told the people what had happened to the demon-possessed man - and told about the pigs as well. ¹⁷ Then the people began to plead with Jesus to leave their region.

¹⁸ As Jesus was getting into the boat, the man who had been demon-possessed begged to go with him. ¹⁹ Jesus did not let him, but said, 'Go home to your own people and tell them how much the Lord has done for you, and how he has had mercy on you.' ²⁰ So the man went away and began to tell all those in the Decapolis region how much Jesus had done for him. And all the people were amazed.

This is the Word of the Lord
Thanks be to God

We hear God's Word preached: Pete Deaves

What are the areas in your life where you don't feel free? Bring them into the light, asking Jesus to release you to worship him in true freedom.

Who was it that told you the good news about Jesus - thank God for that person or those people.

What opportunities is God setting before you this week to tell someone how Jesus has been changing you? Ask the Lord to open your eyes... and mouth so that others can hear of the freedom Jesus brings.

We declare our belief in God

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic [universal] Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

THE ARCHBISHOPS' 6PM CARE SQUARE



The Archbishops of Canterbury and York have invited all to join in Prayer for the Nation. The suggestion is that as many of us as possible unite to do this at 6pm each day.

Sunday	Family, friends and loved ones
Monday	Schools and colleges, children and young people
Tuesday	Elderly, isolated and vulnerable
Wednesday	Businesses, the workplace and economic wellbeing
Thursday	The NHS and other key workers
Friday	National and local government
Saturday	All who are grieving and all suffering with physical and mental ill-health

1. Christ triumphant, ever reigning,
Saviour, Master, King!
Lord of heaven, our lives sustaining,
hear us as we sing:
*Yours the glory and the crown,
the high renown, the eternal name.*
2. Word incarnate, truth revealing,
Son of Man on earth!
power and majesty concealing
by your humble birth:
Yours the glory...
3. Suffering servant, scorned, ill-treated,
victim crucified!
death is through the cross defeated,
sinners justified:
Yours the glory...
4. Priestly king, enthroned forever
high in heaven above!
sin and death and hell shall never
stifle hymns of love:
Yours the glory...
5. So, our hearts and voices raising
through the ages long,
ceaselessly upon you gazing,
this shall be our song:
*Yours the glory and the crown,
the high renown, the eternal name.*

[Music: Saint Michael's Singers, Coventry Cathedral]

We hear God's blessing over us

St Valentine gave his life for others.
Without immediate funding and key lifesaving
Interventions, more than 6000 under 5s could
die a day due to the direct impact of Covid.
More info at unicef.org about how you
could help deliver 2 billion vaccines
to those most in need. **Or**
call 0330 3305699
to donate.

Apples of Gold...

Psalm 103

As a father has compassion on his children,
so the LORD has compassion
on those who fear him; for
he knows how we are formed,
he remembers that we are dust.

Zoom Details (Password if required is 333)

Virtual Coffee from just before 11am: **352 987 984**
No internet? No worries! Just dial 0330 088 5830,
then enter **352 987 984** followed by #. Still unsure,
please call Pete who'd be delighted to talk you
through how it works. If at any point you can hear us
but we can't hear you, try pressing * [star] and then 6

11am Virtual tea/coffee *via zoom/dial-in*

The Week Ahead: February 2021

[**Mon 8th - Wed 10th** Pete at New Incumbents
'Brugges Residential-at-Home' *via zoom*.
Please pray all are encouraged and built up]

Mon 8th 7:30pm Trinity PCC *via zoom*

Wed 10th 2-5pm Private Prayer at St Mary's
8pm Final Saying Yes to Life session
via usual zoom or dial-in

Thu 11th 10am Final Saying Yes to Life
via usual zoom or dial-in
7:30pm St Mary's PCC *via zoom*

Next Sunday

Sun 14th 10am Joint Benefice service *online*
or via 234185, followed by...
11am Virtual tea/coffee
via usual zoom or dial-in

2pm

17th February
via zoom/dial in

All warmly welcome
to our simple Ash
Wednesday service
as we join together
for readings and
reflections to begin
our 40 day journey
towards Easter.

*A glass of water and
a candle/matches
will be handy.*

*If you have
some ash and
olive oil to hand that's
great - but not essential!*



'CONTENTMENT' is
this year's Lent Course
where we will be
exploring Jesus' promise
that anyone who believes
in Him will never again
hunger or thirst.
Do zoom in at 8pm
Wednesdays or 10am
Thursdays. Those with
no internet particularly
welcome by phone – *call
Pete if you need help...*